

WITH EFFECT FROM June 2012

Time Table

Ramamani Iyengar Memorial Yoga Institute Pune

Beginners & Intermediate-I Classes On 2nd Floor

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7 AM Beginners			6-7 AM Beginners			
7-8.30 AM Intermediate I	7-8 AM Beginners	7-8.30 AM Intermediate I	7-8.30 Intermediate I	7-8 AM Beginners	7-8.30 AM Intermediate I	8-9 AM Children's class
8.30-9.30 AM Beginners	8-9.30 AM Intermediate I	8.30-9.30 AM Beginners	8.30-9.30 AM Beginners	8-9.30 AM Intermediate I	8.30-9.30 AM Beginners	
9.45-10.45 AM Marathi Beginners	9.30-10.30 AM Senior Citizens Beginners		9.45-10.45 AM Marathi Beginners		9.30-11 AM Senior citizens Intermediate I	
4.30-5.30 PM Women's Beginners			4.30-5.30 PM Women's Beginners	4-5.30 PM Women's Intermediate I		
6-7 PM Beginners	6-7 PM Beginners	6-7 PM Beginners		6-7 PM Beginners	
7-8.30 PM Intermediate I		7-8.30 PM Intermediate I		7-8 PM Beginners	7-8.30 PM Intermediate I	

General Class - Intermediate II & Remedial Classes on 1st Floor New Beginners

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Sunday
7- 9 AM General class	7- 9 AM General class	7- 8.30 AM Intermediate II	7- 9 AM General class	7- 8.30 AM Intermediate II	7- 9 AM General class	
		9.30-11.30 AM Women's class			9.30-11.30 AM Women's class	
4-6 PM Remedial class	4-6 PM Remedial class		4-6 PM Remedial class	4-6 PM Remedial class		
6-7.30 PM Intermediate II	6-7 PM Beginners	6-8 PM Remedial class	6-7.30 PM Intermediate II	6-7.30 PM Pranayama Class II	6-8 PM Advance	
	7-8 PM Beginners					